

RUTHERFORD COUNTY SENIOR CENTER CALENDAR OF EVENTS – DECEMBER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<div>SENIOR CENTER</div> <div>HOURS OF OPERATION:</div> <div>Mondays: 7:30 a.m.–5:00 p.m.</div> <div>Tues-Fri: 8:30 a.m.–5:00 p.m.</div>	<div>8:45 RED HOT CHILI STEPPERS 1</div> <div>WALKING CLUB</div> <div>9-11 Silver Threads & Needles</div> <div>9-11 COMPUTER ASSISTANCE w/ SANDRA BOYD</div> <div>10:00 Yoga</div> <div>10:30 SPECIAL MUSICAL PROGRAM: ANDY CILONE CHRISTMAS MUSIC</div> <div>1:00 Table Tennis</div> <div>1:00 B-I-N-G-O</div>	<div>8:30 Wednesday Walk 2</div> <div>8:45 Aerobics</div> <div>9-11 Silver Threads & Needles</div> <div>10:00 Line Dancing</div> <div>10:30 CHRISTMAS CARDS & COCOA</div> <div>11:15 CHAIR EXERCISE</div> <div>12:30 Oil Art Group</div>	<div>9-11 Silver Threads & Needles 3</div> <div>10:30 SPECIAL MUSICAL PROGRAM: “THE RIVER ROAD”</div> <div>12:00 – 4:00 Bridge</div> <div>12:30 JUST DANCE</div> <div>12:30– 2 COMPUTER ASSISTANCE W/ JIM COLE</div> <div>4:00 SQUARE DANCE</div>	<div>8:00 CHRISTMAS SHOPPING TRIP - CONCORD MILLS 4</div> <div>8:45 Aerobics</div> <div>9:00 SilverStriders</div> <div>9-11 Silver Threads & Needles</div> <div>10:00 Fellowship & Singing</div> <div>1:00 Table Tennis</div>	
	<div>8:45 Aerobics 7</div> <div>9:00 SilverStriders</div> <div>9:00 - 2:30 Art Group</div> <div>9-11 Silver Threads & Needles</div> <div>10:30 SPECIAL MUSICAL PROGRAM: MT VERNON RUTH - KINDERGARTEN CLASS</div> <div>6:00 ZUMBA *Note NEW Time*</div>	<div>8:45 RED HOT CHILI STEPPERS 8</div> <div>WALKING CLUB</div> <div>8:45 TRIP TO HAMRICK’S & THE PRIME OUTLET MALL</div> <div>9-11 Silver Threads & Needles</div> <div>9-11 COMPUTER ASSISTANCE w/ SANDRA BOYD</div> <div>10:00 Yoga</div> <div>10:30 PEN PALS</div> <div>1:00 Table Tennis</div>	<div>8:30 Wednesday Walk 9</div> <div>8:45 Aerobics</div> <div>9-11 Silver Threads & Needles</div> <div>10:00 Line Dancing</div> <div>10:30 SPECIAL MUSICAL PROGRAM: CHASE HIGH JAZZ BAND</div> <div>12:30 Oil Art Group</div>	<div>9-11 Silver Threads & Needles 10</div> <div>10:30 SPECIAL MUSICAL PROGRAM: BURNS MIDDLE SCHOOL CHORUS</div> <div>12:00 – 4:00 Bridge</div> <div>12:30 JUST DANCE</div> <div>12:30– 2 COMPUTER ASSISTANCE W/ JIM COLE</div> <div>4:00 SQUARE DANCE</div>	<div>8:45 Aerobics 11</div> <div>9:00 SilverStriders</div> <div>9-11 Silver Threads & Needles</div> <div>10:00 Fellowship & Singing</div> <div>10:30 SPECIAL MUSICAL PROGRAM: ELLENBORO ELEMENTARY – KINDERGARTEN CLASS</div> <div>1:00 Table Tennis</div>
	<div>8:45 Aerobics 14</div> <div>9:00 SilverStriders</div> <div>9-11 BLOOD PRESSURE CHECK</div> <div>9:00 - 2:30 Art Group</div> <div>9-11 Silver Threads & Needles</div> <div>10:30 RED HOT CHILISTEPPERS WALKING CLUB MEETING</div> <div>6:00 ZUMBA *Note NEW Time*</div>	<div>8:45 RED HOT CHILI STEPPERS 15</div> <div>WALKING CLUB</div> <div>9-11 Silver Threads & Needles</div> <div>9:00 CHRISTMAS SHOPPING TRIP – HICKORY MALL</div> <div>10:00 Yoga</div> <div>1:00 Table Tennis</div>	<div>8:30 Wednesday Walk 16</div> <div>8:45 Aerobics</div> <div>9-11 Silver Threads & Needles</div> <div>9:30 CHRISTMAS TEA PARTY</div> <div>10:00 Line Dancing</div> <div>10:00 PEN PAL CHRISTMAS PARTY</div> <div>12:30 Oil Art Group</div>	<div>9-11 Silver Threads & Needles 17</div> <div>10:30 SPECIAL MUSICAL PROGRAM: CHASE MIDDLE SCHOOL CHORUS</div> <div>12:00 – 4:00 Bridge</div> <div>12:30 JUST DANCE</div> <div>12:30– 2 COMPUTER ASSISTANCE W/ JIM COLE</div> <div>2:30 CHRISTMAS RECEPTION</div> <div>4:00 SQUARE DANCE</div>	<div>8:45 Aerobics 18</div> <div>9:00 SilverStriders</div> <div>9-11 Silver Threads & Needles</div> <div>9:45 SENIOR SHINERS VISIT OAK GROVE</div> <div>10:00 Fellowship & Singing</div> <div>1:00 Table Tennis</div>
	<div>8:45 Aerobics 21</div> <div>9:00 SilverStriders</div> <div>9:00 - 2:30 Art Group</div> <div>9-11 Silver Threads & Needles</div> <div>9:30 RECIPE CLUB *note time change</div> <div>10:30 SPECIAL MUSICAL PROGRAM: CRESTVIEW BAPTIST CHURCH CHILDREN’S CHOIR</div> <div>6:00 ZUMBA *Note NEW Time*</div>	<div>8:45 RED HOT CHILI STEPPERS 22</div> <div>WALKING CLUB</div> <div>9-11 Silver Threads & Needles</div> <div>10:00 Yoga CANCELLED</div> <div>10:30 SPECIAL MUSICAL PROGRAM: LIBERTY BAPTIST CHURCH CHILDREN’S HANDBELL CHOIR</div> <div>1:00 Table Tennis</div>	<div>23</div> <div>CENTER CLOSED</div>	<div>24</div> <div>CENTER CLOSED</div>	<div>25</div> <div>CENTER CLOSED</div>
	<div>8:45 Aerobics 28</div> <div>9:00 SilverStriders</div> <div>9:00 - 2:30 Art Group</div> <div>9-11 Silver Threads & Needles</div> <div>11:15 CHAIR EXERCISE</div> <div>6:00 ZUMBA *Note NEW Time*</div>	<div>8:45 RED HOT CHILI STEPPERS 29</div> <div>WALKING CLUB</div> <div>9-11 Silver Threads & Needles</div> <div>10:00 Yoga CANCELLED</div> <div>10:30 USE IT OR LOSE IT</div> <div>1:00 Table Tennis</div>	<div>8:30 Wednesday Walk 30</div> <div>8:45 Aerobics</div> <div>9-11 Silver Threads & Needles</div> <div>10:00 Line Dancing</div> <div>11:00 UGLY SWEATER CONTEST & PARADE</div> <div>12:30 Oil Art Group</div>	<div>9-11 Silver Threads & Needles 31</div> <div>11:15 BIRTHDAY RECOGNITION</div> <div>12:00 – 4:00 Bridge</div> <div>12:30 JUST DANCE</div> <div>12:30– 2 COMPUTER ASSISTANCE W/ JIM COLE</div> <div>4:00 SQUARE DANCE</div>	<div>If you have questions about the Center or would like to make an appointment with a certified SHIIP counselor call 287-6409</div>

DAILY DROP-IN EVENTS: Billiards, Board Games, Bocce Ball, Horseshoes, Table Tennis, Playing Cards, Walking Trail, Shuffleboard, Exercise Equipment, TV & Conversation, Puzzles **ALSO AVAILABLE:** Computer Lab, Library, Daily Local Newspaper, Magazines, Coupon Room, Medical Equipment, Paper Shredder, Notary Public, Wi-Fi, Scheduled Transit Stop

COMING IN JANUARY: WINTER CRAFT SALE; SERIES OF CLASSES ON DE-CLUTTERING & GETTING ORGANIZED TAUGHT BY JANE ARMSTRONG;
 “LIVING WITH DIABETES” – A SIX WEEK SERIES OF CLASSES